



# How to Achieve your **HOMESTEAD GOALS**



Ready to take some big action on your homestead goals, including outlining the kind of support and accountability you need to keep you going when time gets tight or things get rough (and they will!). Feel free to print out this worksheet, or just jot down ideas in a journal. I'd love to hear how this goes for you. Feel free to send me a message at [teri@homestead-honey.com](mailto:teri@homestead-honey.com)

## **REVIEW**

Let's start by looking back at 2016. Start out with a big picture point of view and work toward a more detailed assessment of the year.

What were your big successes in 2016?

What did you learn from less successful ventures?

What efforts will you repeat?

What previous efforts will you put to rest?

## **YOUR VALUES**

When you make decisions, goals, and plans that are based on the values you want to live into, you create alignment in your life, and you may find that progress happens more easily.

Start off by brainstorming a list of 10 or so values you want to live into (for instance, Abundance, Bravery, Generosity, Preparedness, or Simplicity).

Think about your top 5 homesteading goals. How do they support each of your values?

Goal 1)

Goal 2)

Goal 3)

Goal 4)

Goal 5)

If you have listed goals that do not support the values you want to share with your family, community, and children, what needs to change?

## CREATING ATTAINABLE GOALS

Time to be realistic! I know, I know, no fun! But the feeling of empowerment when you actually COMPLETE goals is so much better than the feeling of overwhelm when you simply cannot get to everything on your to-do list.

For each of your top 5 goals, put them through the following test:

Are they **SPECIFIC**? (For instance, “build two more 5’ x 20’ raised beds)

Are they **MEASURABLE** and **MOTIVATIONAL**? (Instead of saying “grow more food” pick something more measurable like “grow food in the spring and fall in addition to my typical summer garden” and include your WHY “I want to make my family more healthy and cut down on grocery expenses by growing my own food.”)

Are they **ATTAINABLE**? (Do you have the time, energy, money, and skills to complete them?)

Are they **RELEVANT** (This ties in closely with the values exercise above.)

Are they **TIMELY** (Or attached to a timeline. Set a deadline.)

Goal 1)

Goal 2)

Goal 3)

Goal 4)

Goal 5)

## **BUILD IN ACCOUNTABILITY AND SUPPORT**

I believe that this is the number one most important step in your goal-setting process. Dreaming beautiful dreams is easy, but the day-to-day work of actually achieving them deserves support!!

How are you going to get the support you need? Who is going to help motivate you when you're tired, broke, and can't remember why you live in a house without running water? (just for example :))

### **Some ideas:**

- Joining a local sustainability and homesteading group
- Connecting with other homesteaders online in a Facebook Group, or in a membership program like [Rootsy](#)
- Pairing up with a friend to support one another with weekly check-ins
- Putting specific reminders, motivational quotes, and deadlines into your calendar
- Joining a program like [Gather & Glean Homestead Mentorship Circle](#)

I am going to give myself the support and accountability I deserve by...

**Here's to an amazing 2017!**

All the best,  
Teri